For

Sample Report

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The Power Behind PREP
Introduction: Sample Report's myCORE Career Guide

Welcome Sample Report!

While this isn’t a one-time magic wand to identify a single 'perfect' career, this foundational career report offers you informative descriptions that match your CORE™ personality. A satisfying career match is a process that often spans your entire working life. With this report you can begin exploring your optimal and most Natural Career Matches. Then you can explore and obtain the necessary skill sets, educational credentials and work experiences that will lead you towards your most satisfying career.

Discovering Your Best-Match Career

1. Define your personal interests.

   If you haven’t narrowed your interest areas, consider an assessment such as the Holland Self Directed Search to help narrow this field. Career Development Centers at schools and private coaches administer and offer special assistance in applying these assessments to your life needs.

2. Use myCORE Career™ Guide as your personality assessment.

   - In each section your personality style descriptions are listed. Please check the items that reflect your interests.
   - Towards the end of this report there is a special section on discovering how to apply your CORE personality to your field of interest or educational studies focus to refine your career search.

3. Begin to identify the skills, education and work experiences you need.

   Career counselors are helpful in this step to identify what you already have or need to acquire.

   If you already possess the skills, education and/or experience, begin to promote these on your resume and in your job search. You may wish to order the myCORE Job Search Report that offers specific job search tactics based on your personality style.
Understanding Sample Report

The key to 50-70% of your CORE™ personality comes from your primary Natural Style traits (in color, left and right side). The secondary “grayed-out” traits are not discussed in this Guide, as they may not be as predictable as your primary traits. For more information on your personality, please refer to myCORE Guide, myCORE Self Coach or myCORE Pro report.

Exacting Individual Strengths

- Good at straight-forward detail
- Conscientious
- Following and establishing directions
- Reserved
- Private
- Organized and thorough
- Perfectionists in completing projects
- History and experience oriented
- Skilled at data analysis
- Systematic, go step-by-step
- Linearly logical
- Factual
- Cautious
- Avoid the unproven

Urgent Individual Strengths

- Action-oriented
- Fast reactors
- Quick to start projects
- Good at forcing decisions
- Overly optimistic about task completion times
- Involved with several activities at the same time
- Busy
Sample’s Natural Career Strengths

Your personality traits will be career strengths in some situations and in your “least preferred” environments, your career style may not match well. Look for activities and work that will support and allow you to be involved in the following CORE™ natural career strengths.

- Administrative and Organizing Work
- Systems Operations
- Quality Control, Testing
- Continuous Improvement Activities
- Fast-paced environments
- Tangible, Short Term Projects

Sample’s myCORE Career Natural Skills

From your primary personality style, you are probably naturally talented in some or all of the following activities. Check your strongest areas. Add more. Focus on developing these natural skill sets through course work and experience.

- Having a variety of career interests
- Having one or more distinctive and different jobs/careers in ones life for full satisfaction
- Juggling two or more ongoing jobs or responsibilities at the same time
- Working with a broad spectrum of people and activities
- Changing the pace regularly within work
Sample's Natural Work Style

The following reflect your natural preferences for where you work, how you work, and how you participate in activities. In choosing an academic major or career field that supports your personality strengths and style, you may want to focus on environments or situations with these characteristics.

- Analytical
- Strong organizer
- Quick Action-oriented
- Personal security
- Variety

Sample's Work Environment to Avoid

Sometimes it is easier to select a best-match career by knowing what doesn't work for you. The following work situations may not be well-matched with your personality strengths. Before selecting an education focus or career, it can be helpful to get some work experience to quickly identify mis-matched work environments. If you are considering an education focus or a career where the following work environments are prevalent, you might wish to talk to your advisor or career counselor for alternate education directions and careers.

- Chaotic change
- Lack of structure
- Slow-downs
- Delayed gratification
Sample's Summary of Education and Career Strengths

The following summarizes how your personality strengths can be reinforced through coursework and general educational focus. Keep in mind that most people have three to five distinctive careers over the course of their working lives. Having a versatile educational background may enhance your overall career preparation. The degree to which you can specialize in a chosen career is usually dependent on the level of education and certification you are able to accomplish.

- Your combined personality indicates strengths in the areas of goal-oriented investigating, researching, testing and information analysis.
- You may find it natural to study on your own, and may leave more than you intended to the last minute; by gathering all the data initially, organizing it into an outline as you go, may make it easier to simplify and focus on the most important points to study. Technology tools for on-the-spot data recording were made for styles like yours.
- Besides taking courses in your interest areas, your style learns by taking on additional projects and coursework to become an expert in your field; consider higher degrees, credentials or certifications in your field. Short term formal internships, co-op education or special shorter term for-credit study programs would broaden your overall educational experience. Informal, non-credit or longer term programs may not be sufficiently organized for your optimal learning style.
- Consider taking also some basic presentation, communication or speech courses to help you more comfortably express your ideas and thoughts in a group.
- Studies in project management, introductory business or economics, and information sciences may provide you with a foundation that will reinforce your natural interests and prepare you for leading a group, team or project.
Tips on Selecting a Best-match Educational Focus or Field of Interest

When considering your academic major or educational emphasis, ask yourself if the specific careers and opportunities you are exploring match your temperament or personality strengths. Typically, it is easier to study areas that are “natural” for you because you remain motivated for the number of years (or months) needed to complete your education, and thereafter as you continue in your career.

Some individuals choose to major in a field that will provide specific skills that challenge basic personality preferences. (It is often easier to discipline yourself and stay motivated while you are in school. A lot of strategic career planning goes into selecting a major!)

Look for an internship or work that gives you practical experience using your natural career and personality strengths. Sometimes these work experiences require volunteering or less pay, but any investment in your career credibility and marketability is important to future employers! Career Placement offices and state employment offices often have lists of internship offerings. Don’t be shy to proactively ask employers for a short term internship in areas where you have special interest. Most employers will try to help those who are clear and passionate about their career interests.

When evaluating which major area to study, or during an internship, if you consistently feel demotivated by the work environment, coursework or the types of colleagues in that field, that may be a clear signal to explore another field. You will perform better in situations where you are naturally motivated, from your own interests, as opposed to choosing a major or career to fulfill someone else’s expectations and “good ideas” they have for you!

If you already possess the skills, education and/or experience, begin to promote these on your resume and in your job search. You may wish to order the myCORE Job Search Report that offers specific job search tactics based on your personality style.
Sample's Natural Career Position Matches

The following are probable, natural career position matches based on your personality. Some may be in your areas of interest and others may not. Consider them from the standpoint of their general characteristics. By exploring these potential careers, you may discover other related, more interesting careers. Write those down as well! You!

If you have not yet decided on your specific interest area or field, the following suggestions come from others with similar personality style to yours, who have succeeded in their careers. Depending on your education level, there are several positions within each field. Check career websites like http://online.onetcenter.org/ for more ideas.

Sample's Additional Career Considerations

Others with your personality combination of Exacting and urgent traits enjoy analyzing and organizing information, people, things and activities to accomplish goals. They enjoy doing and having tangible results from their work. Specifically, you should seek out careers that offer high activity and quick response in your specialized area of interest or creative outlets that:

- emphasize action and being well organized
- allow you to work without a lot of delay or waiting for other people, unknown information or poorly defined goals involve a rapid response, either in a small, closely knit group or team setting where you can trust the others competence and contributions
- have clear goals, outcomes, stated procedures, established schedule and expectations
- allow you the opportunity to be rewarded for quick and accurate project/activity turnaround
- let you achieve and specialize in your chosen career path
- focus on organizing, accomplishing tasks, continuing education
Applying myCORE™ Career Guide

The career exploration process is one you will continually refine, as long as you are working. The more you learn about different careers, the more certain you’ll be of your career path. Sometimes that means you will discover careers you do NOT want. Sometimes you will discover the types of people with whom you want to work, or the types of equipment or travel that is “you”. Keep a log or notebook as you discover your optimal career. The following are additional suggestions that may help you apply myCORE™ Career Guide more effectively.

1. The suggestions in this report are based on studies in career areas and feedback from others with your style. The myCORE™ Career Guide is designed to be used with the myCORE™ Self Report to understand your most satisfying career match for your personality, and the type of job or position and work setting. You may also be interested in the myCORE™ Self Coach Report if you are exploring life changes and options.

2. Since the career journey is very personal and you are the ultimate authority on your satisfaction and interest, use the guides as a springboard to discovering more about the type of career you would like to have.

3. Evaluate job environments, education and special skill sets needed for various positions. Do they match? Explore and focus where you feel most natural and happy. Also, evaluate your current and potential economic, educational and personal situations, as they will modify your career and job search. Invest today to align for tomorrow’s career. Begin writing down your career action plans.

4. Once you have some initial careers you’d like to explore, begin the “information interviewing” process. Contact people who enjoy their work in the field you are exploring – ask them if they can spare 20 minutes of their time to share their insights about the career, such as what it takes to be successful and how you might prepare for it. Most people are quite willing to offer advice in areas of careers—especially when they love what they do! If the first person you talk to doesn’t like their career, find someone else who does. Be sure to ask questions that will uncover work environment mismatches. Consider using myCORE Guide to your personality style to learn phrases to use in interviews when you are asked how you would approach different problem-solving and work situations.

5. If you are changing careers, assess your current work environment. If you are in a situation that is not rewarding to you, make a list of what you enjoy and what you would rather not be doing. Prioritize these and explore how you might develop a more satisfying career path that will better match your needs and personality. The myCORE™ Job Search Report may be of interest for fine tuning your resume and interviewing tactics with your personality style.

6. If you have a career coach or counselor, continue your exploration with them. They can probably expand on this Guide and help you discover even more careers to explore.

7. Contact mycoach@prep-profiles.com for our online phone career coaching program.

Would you kindly rate the accuracy of this report?
Improve your Relationships...

Share your report with peers, co-workers and relatives to improve understanding and communication.

- Who are you similar to?
- Could some of your differences be due to misunderstanding your basic personality?

Say what you mean to say...

When interacting with others, keep in mind that each of us speaks in the language of our own personalities. The more we respect each other’s “language” and meet on common ground, the more effective our communications.

- Are you in difficult situations that don’t match your personality?
- Could you approach someone important in your life differently if you knew their personality style and what motivates them?

Get and stay "unstuck"...

Assess your personal best-environment needs to balance each of your personality traits.

- Are you happy?
- How rewarding are your work, study and overall relationships?
- Are there ways to better align your daily life with your personality?

Advance your Career...

Discover and develop your career with insights that will guide your lifelong career path.

- What are my most natural career matches?
- What work environments are best for me?
- What career-related subjects should I study?

Thrive with life changes...

There are change and stresses you currently are experiencing that are measured in PREP’s Professional reports. If you are interested in exploring your CORE™ Personality or the impact of your current change and stress on your energy level, we can schedule time for you with a certified consultant or coach. Please contact us at mycoach@prep-profiles.com

Please visit our website to learn more about how PREP could benefit you, please visit www.prep-profiles.com

...please continue to read more on our professional services!
Additionally, there are other PREP reports delivered only by certified PREP Administrators that offer insights into your current motivation, stress levels, energy, job matches, team, coaching for management, sales and career development.

For information on reports, services, for information on becoming certified to administer CORE and PREP reports professionally, or career opportunities, please contact: PREP Profile Systems, Inc.,

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Powered by PREP: The Science behind Simplicity

Through PREP’s remarkable, highly researched and validated survey and aligned system of applied personality reports, individuals, teams, and organizations have been developing a better workplace for over 25 years. The reports, distribution system through in-house and Human Resource professionals offer individuals and organizations a refreshing simplicity and practical report without cross-cultural bias that embodies the highest of statistical standards and most current human resources best practices.

PREP Profile Systems, Inc. was founded as PREP, Inc. in 1984 and is dedicated to a global mission of building trust through stronger communication and interpersonal relationships in the workplace. The PREP Personality system was developed by JoAn Mann, MBA, GPHR, supported by her team of researchers: Statistician, Dr. Robert (Samuel) Houston, professor emeritus University of Northern Colorado; physician, Dr. Stephen Mann; statistician, Dr. Shaun Pichler, professor at Cal State Fullerton and Dr. Bjoer Kesper, Web Program Developer.

Part of the power and magic of the “5-minute miracle” as many of our clients refer to PREP, is the survey’s very unique, highly selective, eighth grade common reading vocabulary that have set a new standard in personality assessments for non-bias cultural testing.

Thank you for becoming part of the growing PREP - myCORE™ Community!